Non-invasive Estimation of Oxygen Saturation Level in Blood

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Abstract

Background: Oxygen saturation level in blood is obtained invasively or non-invasively. Presently, non-invasive approaches which entail photoplethysmographic (PPG) signals are common. **Methods:** This work identifies oxygen saturation non-invasively with PPG waves at 660 and 940 nmthrough LabVIEW. The approach is tested in twelve subjects. **Findings:** Investigations indicate normal saturation from 90 to 97.5% in all people. **Improvements:** Novelty of work is PPG signal simulation for testing LabVIEW blocks. Besides, this technique is easy, painless, fast and therefore highly acceptable.

Keywords: LabVIEW, Non-invasive Approach, Oxygen Saturation, Photoplethysmographic Wave

1. Introduction

It is essential to monitor oxygen saturation in blood. For this, various direct techniques like invasive blood collection and subsequent analysis by gas sampling exist. In addition, there are non-invasive approaches including pulse oximetry which utilizes Photo-Plethysmo-Graphic (PPG) waves at two wavelengths to attain oxygen saturation level. Non-invasive techniques are easy, painless and facilitate continual assessments. Furthermore, they are accurate with variations <2% between the direct and non-invasive evaluations¹.

Recent literature encompasses various non-invasive techniques to find oxygen saturation of blood. These are explicated here. For instance, free flap oxygen saturation is attained to enable prolonged measurement². Likewise, oxygen saturation and perfusion are computed at total and venous occlusion in 21 normal people³. Also, real time PPG is utilized in finding heart rate variability; readings are got for sitting and standing postures⁴. Besides, the hemoglobin quantity in blood is identified using PPG waves acquired with NIR source⁵. Similarly, blood glucose and pressure are attained using PPG⁶. The salient aspect is absence of calibration. Sometimes, oxygen saturation is got after incorporating PPG scale parameters to nullify extraneous sources^Z. Few approaches attain regional venous saturation with PPG⁸. Respiratory and heart rates are got with PPG spectral density. The merits involve outlier resistance and absence of demodulation, cycle demarcation, etc.⁹. Notably, oxygen saturation and heart rate are obtained via mobile applications¹⁰.

A few works investigate oxygen saturation with altitude to determine acceptable range¹¹. Also, PPG variability with vascular resistance is elucidated in ICU subjects¹². Further, saturation levels are found in instances of artificial hypothermia i.e. decreased temperatures¹³. Similarly, saturation is found in 20 people with artificial hypoperfusion¹⁴. Here, trans-reflectance mode is advantageous relative to traditional reflectance and transmittance approaches.

Various approaches identify PPG signal quality to gauge artifacts and anomalous morphology¹⁵. Specifically, few techniques entail elimination of PPG motion artifacts before finding oxygen saturation. Empirical decomposition is utilized in few instances¹⁶ whereas adaptive coefficient estimation is involved at other cases¹⁷.

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This paper presents a non-invasive approach to gauge oxygen saturation in blood using PPG wave through LabVIEW analysis. Its novelty is simulation of PPG waves in LabVIEW for testing the various blocks prior to acquiring subject data. The paper explicates the methodology, results and discussion, and conclusion.

2. Methodology

Humphreys¹⁸ presents oxygen saturation by

$$Oxygen \ saturation = \frac{OxyHb}{Total \ Hb} \times 100\%$$
(1)

Here, OxyHb symbolizes oxyhaemoglobin whereas total Hb connotes both oxyhaemoglobin and reduced haemoglobin in blood. In order to indirectly estimate the ratio of oxyhaemoglobin and total haemoglobin, this work acquires PPG signals at two wavelengths, namely, red (660 nm) and infrared (940 nm). The block diagram and corresponding experimental setup are depicted by Figures 1 and 2.



Figure 1. Block diagram.



Figure 2. Experimental setup to measure oxygen saturation level.

The setup comprises of Nellcor finger probe to perceive blood flow. It houses red LED at peak wavelength 660 nm and allied photodetector. Likewise, an infrared probe with infrared LED (peak wavelength 940 nm) and associated photodetector is also utilized. These two probes are employed one after the other so as to attain the required PPG waves.

The next phase is signal conditioning. This entails Butterworth low-pass filter to eliminate higher frequency artifacts, followed by signal amplification. Next, myDAQ card from National Instruments is utilized for acquiring subjects' PPG waves and displaying them in LabVIEW. Here, myDAQ card is preferred for its easy and efficient acquisition and portability.

Further, the virtual instrumentation platform of LabVIEW is entailed in signal analysis. LabVIEW is favoured for its uncomplicated and flexible approach, coupled with its ability to meet specific, custom built needs. Besides, LabVIEW offers easy debugging and is apposite for standalone uses given its easy storage and retrieval aspects. Primarily, the PPG waveform is simulated in LabVIEW by a combination of sine and cosine waves of appropriate frequencies and amplitudes. This is to ensure that the developed LabVIEW blocks are first tested with the simulated PPG waveform prior to subject data acquisition.

Subsequently, LabVIEW blocks for acquisition and analysis of subjects' PPG waves are developed. Figure 3 portrays the LabVIEW block designed for acquiring PPG signal at wavelengths 660 and 940 nm. Further, analysis of these PPG waves entails amplitude and level measurements blocks of LabVIEW to derive the ratio Val_{660nm/940nm}. This ratio is utilized in obtaining oxygen saturation of blood.



Figure 3. LabVIEW block for acquiring PPG waveform.

Various works^{19,20} have propounded different relations between the derived ratio and oxygen saturation. The relation

in²¹ that oxygen saturation is 98.5 times the acquired ratio (that is, $Val_{660nm/940nm}$) is used in this work. Finally, the attained oxygen saturation is displayed numerically as well as by a level indicator (or vertical progress bar) in LabVIEW.

3. Results and Discussion

The simulated PPG waveform in LabVIEW is depicted in Figure 4. It is observed that the simulated wave closely resembles the PPG obtained in real time. Further, this work entails testing on 12 subjects. The attained Val_{660nm/940nm} ratio and consequent oxygen saturation level in every case is provided in Table 1. Also, the obtained PPG waves at 660 nm and 940 nm for five subjects are displayed in Figure 5.



Figure 4. Simulated PPG wave in LabVIEW.

Subjects	Val _{660nm/940nm}	Oxygen saturation level (%)
1	0.952509	93.8221
2	0.976290	96.1646
3	0.984980	97.0205
4	0.959965	94.5566
5	0.969550	95.5007
6	0.926792	91.2890
7	0.975718	96.1082
8	0.934431	92.0415
9	0.948003	93.3783
10	0.920379	90.6573
11	0.958575	94.4196
12	0.935359	92.1329

 Table 1.
 Computation of oxygen saturation level.



Figure 5. (a) – (e) Acquired PPG waveforms at 660 and 940 nm for five subjects

Various studies have shown that oxygen saturation level less than 80% is deemed 'low' whereas that between 90 and 97.5% is 'normal' and greater than 97.5% is adjudged 'high'. As observed from Table 1, the twelve subjects examined here report normal saturation. Moreover, the proposed method found high acceptability among subjects owing to its easy, safe, painless, fast and reliable procedure without side effects.

4. Conclusion

This work expounds non-invasive approach for finding oxygen saturation using LabVIEW. Its novelty is PPG signal simulation to test developed LabVIEW blocks. In future, this work can be extended to obtain other parameters like glucose non-invasively. This has enormous potential and clinical worth, more so in diabetics and borderline patients.

5. References

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