



Original paper

Objective function based ranking method for selection of optimal beam angles in IMRT



Natarajan Ramar^{a,b}, S.R. Meher^{b,*}, Vaitheeswaran Ranganathan^a, Bojarajan Perumal^{a,c}, Prashant Kumar^a, Gipson Joe Anto^{a,c}, S. Harikrishna Etti^c

^a Philips Health Systems, Philips India Ltd, Bangalore, India

^b Department of Physics, School of Advanced Sciences, Vellore Institute of Technology, Vellore, India

^c Department of Medical Physics, Bharathiar University, Coimbatore, India

ARTICLE INFO

Keywords:

IMRT
BAO
Objective function
Beam angles

ABSTRACT

We propose a novel method for the selection of optimal beam angles in Intensity Modulated Radiation Therapy (IMRT). The proposed approach uses an objective function based metric called “target-to-critical organ objective function ratio” to find out the optimal gantry angles. The beams are ranked based on this metric and are accordingly chosen for IMRT optimization. We have used the Pinnacle TPS (Philips Medical System V 16.2) for performing the IMRT optimization. In order to validate our approach, we have applied it in four clinical cases: Head and Neck, Lung, Abdomen and Prostate. Basically, for all clinical cases, two set of plans were created with same clinical objectives, namely Equal angle plan (EA Plan) and Suitable angle Plan (SA Plan). In the EA plans, the beam angles were placed in an equiangular manner starting from the gantry angle of 0°. In the corresponding SA plans, the beam angles were decided using the guidance provided by the algorithm. The reduction in OAR mean dose and max dose obtained in SA plans is about 3 to 16% and 3 to 15% respectively depending upon the treatment site while obtaining equal target coverage as compared to their EA counterparts. It takes approximately 15–25 min to find the optimal beam angles. The results obtained from the clinical cases indicate that the plan quality is considerably improved when the beam angles are optimized using the proposed method.

1. Introduction

Intensity Modulated Radiation Therapy (IMRT) has become a prominent technique to treat malignant tumors with radiation. The ability to modulate the intensity of radiation across the field makes IMRT a clinically useful tool. However, the whole process of creating and delivery of IMRT has become complex from technical point of view. One of the important problems in IMRT is in determining the suitable beam angles. Since the beam angles are intrinsically coupled with the patient anatomy and the specified clinical objectives, it becomes a difficult task to manually decide the beam angles. Moreover, the beam angle optimization (BAO) is an ill-posed problem containing many possible solutions. Finding a global optimum solution for BAO problem is very tedious and time-consuming.

In the past three decades, many beam angle optimization (BAO) algorithms have been proposed [1–27]. The desired characteristics of BAO algorithm are (a) it should provide a patient-specific solution, (b) it should be reasonably fast and (c) it should be easy to implement in Treatment planning system (TPS). Though these algorithms solve the

BAO problem, most of them lack the ability to provide the solution in a reasonable time frame, which makes them less suitable for clinical usage [24].

A few researchers have attempted to improve the speed of BAO by introducing prior knowledge in the search criteria [13,24] and they have demonstrated that the incorporation of prior knowledge in the search criteria significantly improves the speed of BAO. However, the main drawback of such approaches is that they have used a ranking function that is different from the objective function used for the final plan optimization. It has been pointed out that using a different ranking function may result in a beam orientation that is not optimal with respect to the objective function used for final plan optimization [26].

In this paper, we describe a novel prior knowledge based heuristic approach for BAO [27]. The proposed approach uses an objective function based scoring scheme for the selection of suitable gantry angles. The score provided by the algorithm can be used either as a guidance to rank the beams so that the planner can manually remove sub-optimal beams or as input for other BAO algorithms involving exhaustive search techniques. In the present study, we will demonstrate

* Corresponding author.

E-mail address: samirmeher@vit.ac.in (S.R. Meher).

how the score can be used as a guidance (prior knowledge) by the planners to facilitate the selection of suitable beam angles.

2. Materials & methods

2.1. Description of the algorithm

Our algorithm is based on the following assertion:

If a beam's dose contribution from an optimal gantry angle is removed from an optimized IMRT plan, it will significantly reduce the “Dose Reduction Ratio (DRR)” defined as the ratio of reduction of dose to the target volume to the reduction of dose to the Organs-at-risk (OARs). In other words, the optimality of a given beam angle is inversely proportional to the level of reduction in DRR. The same assertion can be stated differently in terms of objective function values (OFVs): If a beam's dose contribution from an optimal gantry angle is removed from an optimized IMRT plan, it will result in a larger increase in the “target-to-critical organ objective function ratio” defined as the ratio of increase of OFV corresponding to the target volume to the reduction of OFV corresponding to the OARs. In other words, the optimality of a given beam angle is directly proportional to the level of increase in the target-to-critical organ objective function ratio (hereafter called as ψ - score).

The ψ - score for a beam, indexed as i is given as follows:

$$\psi_i = \frac{[\mu_i - \mu]}{1 + [\Phi - \Phi_i]} \quad (1)$$

The terms $[\mu_i - \mu]$ and $[\Phi - \Phi_i]$ indicate the increase in the OFV of target volume and reduction in the OFV of OARs respectively when the i th beam is removed from the optimized IMRT plan. The reason for adding the term “1 +” in the denominator is to avoid ψ becoming infinite when $[\Phi - \Phi_i]$ tends to zero.

Here,

$$\mu = W_{\text{target}} \sum_{k=0}^n [(D_p - D_o)_k]_{\text{target}}^2 \quad (2a)$$

$$\begin{aligned} \Phi &= W_{OAR-1} \sum_{m=0}^{n1} [(D_p - D_o)_m]_{OAR-1}^2 + \\ &W_{OAR-2} \sum_{m=0}^{n2} [(D_p - D_o)_m]_{OAR-2}^2 + \dots + W_{OAR-x} \sum_{m=0}^{nx} [(D_p - D_o)_m]_{OAR-x}^2 \end{aligned} \quad (2b)$$

$$\mu_i = W_{\text{target}} \sum_{k=0}^n [(D_p - D_o)_k^i]_{\text{target}}^2 \quad (2c)$$

$$\begin{aligned} \Phi_i &= W_{OAR-1} \sum_{m=0}^{n1} [(D_p - D_o)_m^i]_{OAR-1}^2 + \\ &W_{OAR-2} \sum_{m=0}^{n2} [(D_p - D_o)_m^i]_{OAR-2}^2 + \dots + W_{OAR-x} \sum_{m=0}^{nx} [(D_p - D_o)_m^i]_{OAR-x}^2 \end{aligned} \quad (2d)$$

In Eqs. (1) and (2a)–(2d), μ is the OFV considering only the target volume, μ_i is the modified OFV considering only target volume when the dose contribution of the i th beam is removed from the optimized IMRT plan, Φ is the OFV considering only the OARs, and Φ_i is the modified OFV considering only the OARs when the dose contribution of the i th beam is removed from the optimized IMRT plan.

Furthermore, D_p is the prescribed dose to target or OARs, D_o is the obtained dose to target or OARs, and D_o^i is the modified dose to target or OARs when the dose contribution of the i th beam is removed from the optimized IMRT plan. The W parameters are weights, i.e. W_{target} is an importance factor (i.e. weight) for the target volume,

$W_{OAR-1}, \dots, W_{OAR-x}$ are the respective importance factors (i.e. weights) for the OARs designated $OAR - 1, \dots, OAR - x$ (where the limiting case of $x = 1$, i.e. a single OAR, is contemplated). Eqs. (1) and (2a)–(2d) further employ the following additional indices and count values: index k denotes a voxel in target volume; count n denotes total number of voxels in target volume; index m denotes a voxel in a given OAR (i.e. in a given critical organ); count x denotes the number of OARs (i.e. number of critical organs) considered in the optimization; and counts $n1, n2, \dots, nx$ denotes the number of voxels in $OAR - 1, OAR - 2, \dots, OAR - x$ respectively.

It is to be noted that the equations can also be stated in terms of dose-volume based objective function instead of dose-based objective function. The optimization algorithm used in Pinnacle TPS uses a dose-volume based objective function.

The algorithm comprises of the following steps:

Step 1:

- a. Define dose-volume objectives for target volume and OARs
- b. Place the candidate beams (equiangular beams at regular intervals)
- c. Optimize the plan with the candidate beams

Step 2:

- a. Remove the dose contribution of the first beam from the plan temporarily.
- b. Compute the ψ - score

Step 3:

- a. Restore the dose contribution of the beam that was removed in Step 2.

Step 4:

- a. Repeat steps 1 to 3 for each candidate beam i and get the respective ψ - score.
- b. Plot the ψ - score for each beam angle as a graph.

Step 5:

- a. Manually select the required number of beams based on the ψ - score (i.e. beams with higher score are selected).

Step 6:

- a. Use the beams selected from step 5 for the final optimization.
- b. The process ends with a final optimization of the plan containing the selected beams

We have created Pinnacle scripts to automate Steps 1 to 4, which has significantly reduced the manual effort and time taken. Fig. 1 illustrates the proposed beam angle selection process.

2.2. Number of candidate beams

The proposed algorithm requires an appropriate number of candidate beams to be used in Step 1. If the number of candidate beams is too small, there is a good chance of missing a potentially optimal beam. On the other hand, if the number of candidate beams is too large, the interplay effect becomes prominent i.e. each beam's contribution will become significantly different when it is optimized with different sets of beams, which invalidates the correspondence between ψ - score and optimality of a given beam. In order to address this problem, we performed a pilot study in the abdominal case to find out an appropriate number of candidate beams to be used in Step 1. In the pilot study, different number of candidate beams were used in Step 1 ranging from

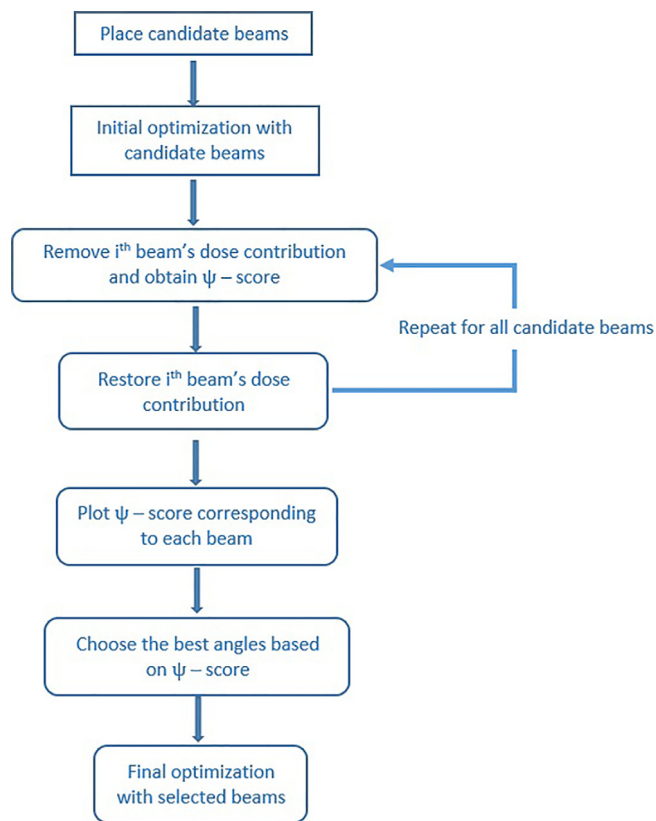


Fig. 1. The flow chart illustrating the selection of beam angles using ψ - score.

12 to 33 resulting in a different set of final beam angles, which were subsequently used in the final optimization. Fig. 2 shows the ψ - score plot corresponding to four different number of candidate beams along with the time taken to complete the initial optimization. Though the gross pattern of the ψ - score plot is largely unchanged, the final beam angles selected based on these curves were different from each other. The comparison of plan quality revealed that the plans employing 19 candidate beams produced better plan quality as compared to the plans employing less than 19 candidate beams as well as the plans employing more than 19 candidate beams (possibly due to interplay effect). Moreover, using 19 equally spaced beams at every 19° produces a reasonable number of beams that are sufficiently separated and also inherently avoiding directly opposing beams to produce clinically

Table 1
Dose-volume objectives for target and OARs used in the study.

Case	Target/OAR	Personalized-Goals (PlanIQ)
Head & Neck	PTV1	70 Gy/35#
	PTV2	63 Gy/35#
	PTV3	56 Gy/35#
	Rt Parotid	$D_{\text{mean}} \leq 35$ Gy
	Lt Parotid	$D_{\text{mean}} \leq 60$ Gy
	Spine	$D_{\text{max}} \leq 35$ Gy
	Brainstem	$D_{\text{max}} \leq 52$ Gy
	Larynx	$D_{\text{mean}} \leq 36$ Gy
	Lips	$D_{\text{mean}} \leq 18$ Gy
Lung	PTV	50 Gy/25#
	Rt Lung & Lt Lung (Combined Lung)	$D_{\text{mean}} \leq 23$ Gy
	Heart	$D_{\text{mean}} \leq 17$ Gy
	Spine	$D_{\text{max}} \leq 22$ Gy
Abdomen	PTV1	56 Gy/28#
	PTV2	46.8 Gy/28#
	Lt Kidney	$D_{\text{mean}} \leq 9$ Gy
	Rt Kidney	$D_{\text{mean}} \leq 13$ Gy
	Stomach	$D_{\text{mean}} \leq 10$ Gy
	Spleen	$D_{\text{mean}} \leq 3$ Gy
	Liver	$D_{\text{mean}} \leq 5$ Gy
Prostate	PTV	56 Gy/28#
	Bladder	$V_{54 \text{ Gy}} \leq 15\%$
		$V_{48 \text{ Gy}} \leq 25\%$
		$V_{33 \text{ Gy}} \leq 35\%$
		$V_{27 \text{ Gy}} \leq 50\%$
		$V_{57 \text{ Gy}} \leq 15\%$
		$V_{44 \text{ Gy}} \leq 35\%$
	Rectum	$V_{30 \text{ Gy}} \leq 50\%$
		$D_{\text{max}} \leq 40$ Gy
	Rt Femur	$D_{\text{mean}} \leq 18$ Gy
	Lt Femur	$D_{\text{max}} \leq 40$ Gy
		$D_{\text{mean}} \leq 18$ Gy
Bowel	$D_{\text{mean}} \leq 22$ Gy	

relevant solutions in a reasonable time frame. Hence, we have decided to use 19 candidate beams in all the cases studied.

2.3. Description of the study

We used Pinnacle TPS (Philips Medical System V 16.2) for performing IMRT optimization and dose calculation. Pinnacle TPS uses Direct Machine Parameter Optimization (DMPO) technique for the optimization [28,29]. To validate our approach, we applied it in four

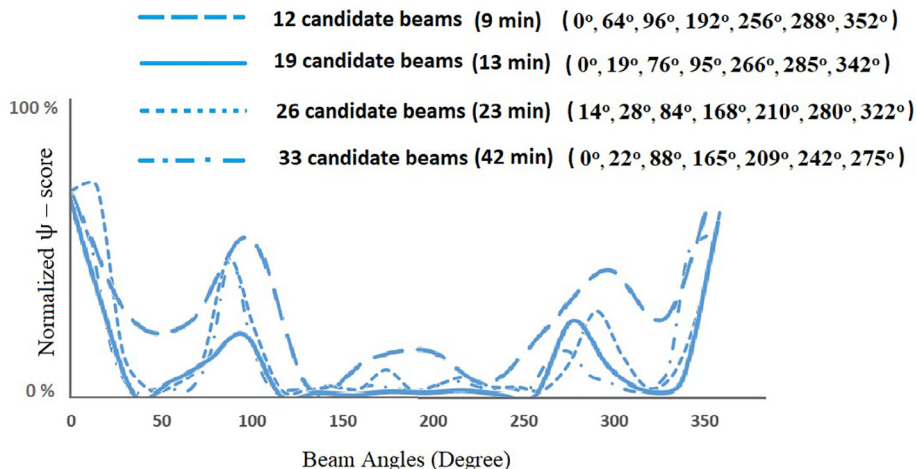


Fig. 2. ψ - score plots corresponding to different number of candidate beams used in the initial optimization for the abdomen case along with the time taken to complete the initial optimization and the suitable beam angles obtained from the curves.

Table 2
The beams angles used in EA plans and SA plans for the clinical cases used in the study.

Case	No. of beams	Beam angles in EA plans	Beam angles in SA plans
H&N	7	0°, 51°, 102°, 153°, 204°, 255°, 306°	0°, 60°, 95°, 140°, 220°, 265°, 300°
Lung	7	0°, 51°, 102°, 153°, 204°, 255°, 306°	38°, 95°, 133°, 171°, 228°, 266°, 304°
Abdomen	7	0°, 51°, 102°, 153°, 204°, 255°, 306°	0°, 19°, 76°, 95°, 266°, 285°, 342°
Prostate	9	0°, 40°, 80°, 120°, 160°, 200°, 240°, 280°, 320°	0°, 57°, 76°, 95°, 171°, 190°, 266°, 285°, 304°

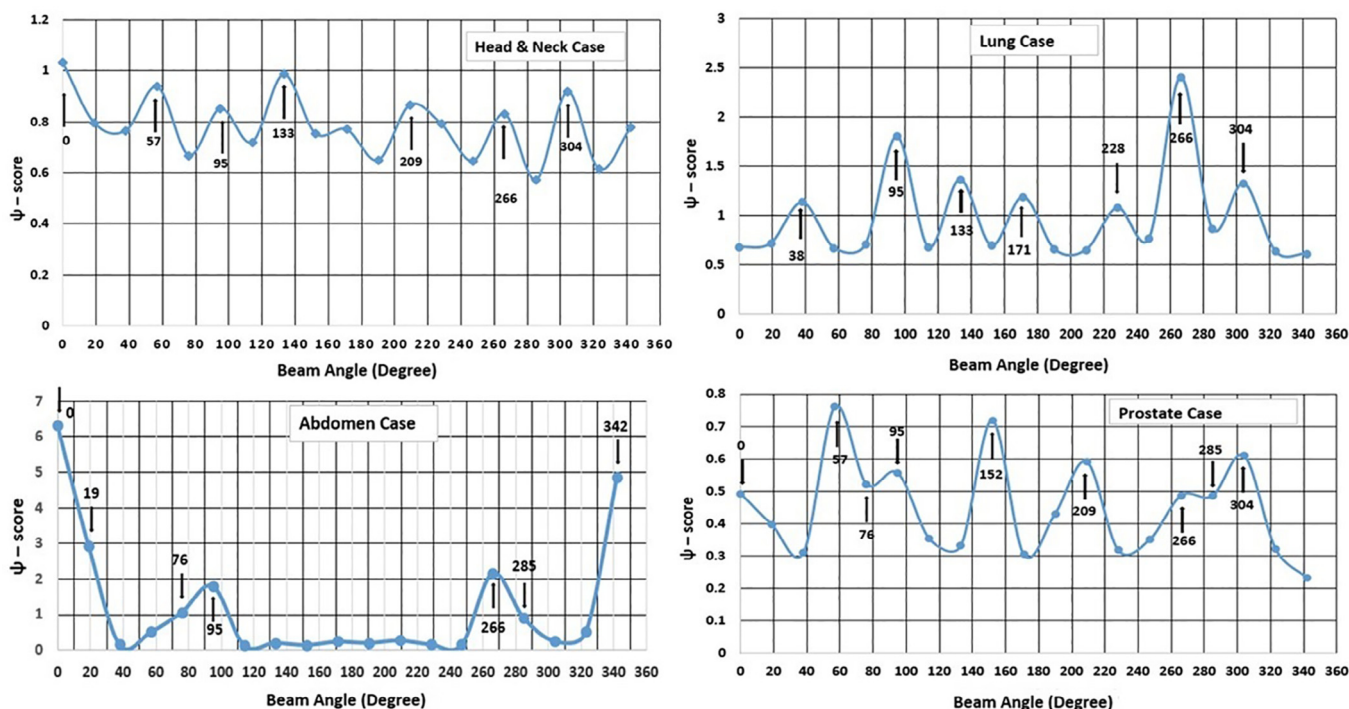


Fig. 3. The plot of ψ – score with respect to the gantry angle for four clinical cases. The arrows in the figure indicate the beam angles for the SA plans obtained from the respective ψ – score plots.

clinical cases: Head and Neck, Lung, Abdomen and Prostate. Basically, for all cases, two set of plans were created with same clinical objectives, namely Equal angle plan (EA Plan) and Suitable angle Plan (SA Plan). In the EA plans, the beam angles were placed in an equiangular manner starting from the gantry angle of 0°. In the corresponding SA plans, the beam angles were manually selected by the planners by using the guidance provided by the algorithm. The number of beams required in the final optimization for each clinical site was decided based on our clinical experience. The plans were optimized using the “Auto plan” feature available in Pinnacle TPS [30]. In all plans a CT slice thickness of 0.3 mm and a dose grid resolution of 0.3 cm was used. The Tumor volumes and OARs were segmented by qualified radiation oncologists. All plans were created in TrueBeam STx Linear Accelerator equipped with 6MV energy and 120 Leaf HDMLC.

In our study, Auto Plan has been used just as a substitute to an expert planner. In the absence of Auto Plan feature, a planner needs to manually tweak the objective function parameters (importance weights, dose and volume parameters) to drive the optimizer towards achieving the clinical objectives. The clinical validation of Auto Plan can be found elsewhere [31,32]. Additionally, we used PlanIQ (Sun Nuclear) tool to get patient-specific (i.e. personalized) clinical objectives, which in turn were used by Auto Plan tool for the optimization [33,34]. The objectives obtained from PlanIQ tool for the clinical cases are shown in Table 1.

3. Results

Table 2 shows the number of beams and the beam angles used in EA plans and SA plans. The beam angles for the SA plans for each clinical case were obtained from the respective ψ – score plots (Fig. 3). Dose distribution and DVH comparisons are shown in Figs. 4 and 5 respectively. Table 3 shows the percentage reduction of dose to OARs in SA plans as compared to EA plans.

4. Discussion

In this work, we have proposed a novel method for beam angle selection in IMRT, which can be used either as a guidance to rank the beams manually or as input for other BAO algorithms involving exhaustive search techniques. In the present study, we have demonstrated how the algorithm can be used as a guidance for the planners to choose suitable beam angles.

The results obtained for four clinical cases indicate that the plan quality is considerably improved when the beam angles are optimized using the proposed method. The reduction in OAR mean dose and max dose obtained in SA plans is about 3 to 16% and 3 to 15% respectively depending upon the treatment site while obtaining equal target coverage as compared to their EA counterparts. On the computation front, it takes approximately 15–25 min to find the optimal beam angles (this includes the time taken for the completion of initial optimization with all candidate beams and the approximate time taken for the planner to select the suitable angles from the ψ – score plot) with the following

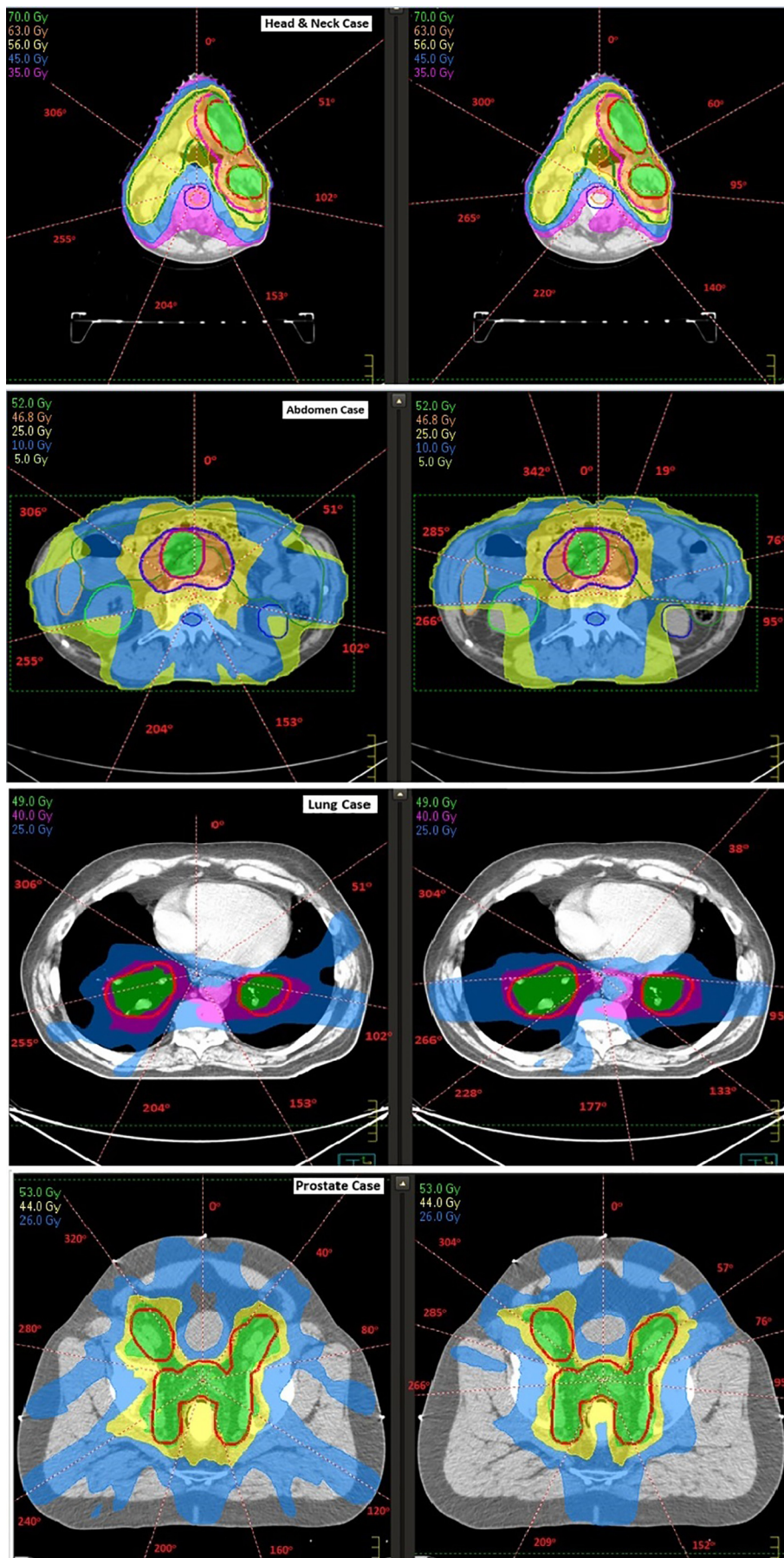


Fig. 4. The axial dose distribution of Head & Neck, Lung, Abdomen and Prostate case in EA plans (Left) and SA plans (Right). The dotted lines indicate the gantry angles.

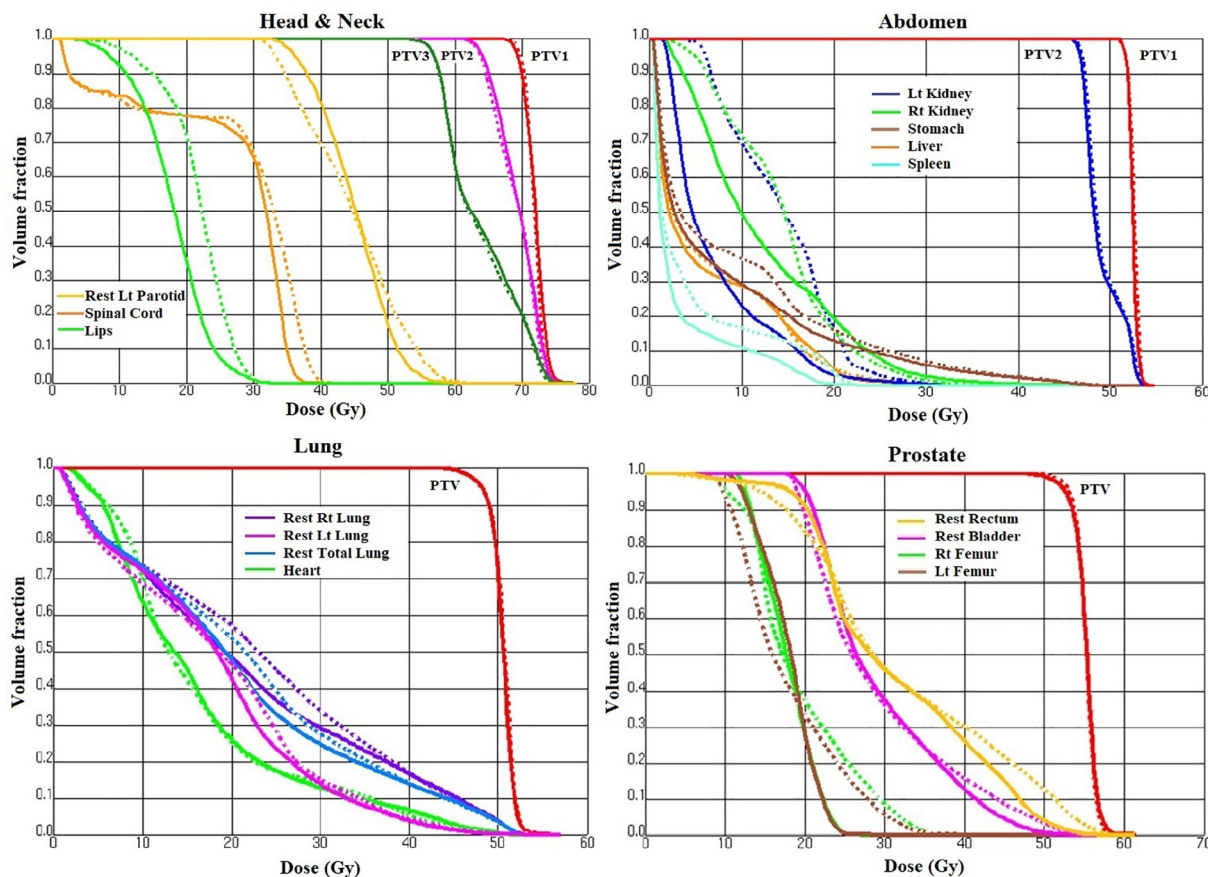


Fig. 5. DVH Comparison between EA plan (Dotted line) and SA plan (Solid line) for four clinical cases for PTVs and selected important organs.

hardware configuration: X6-2 Professional (Solaris V.11) with two Intel Xeon CPU E5-2699 v4 @ 2.20 GHz, RAM of 384 GB.

It is to be noted that the angles obtained from the algorithm are significantly different from equiangular configuration and are non-uniformly distributed across the patient volume. The dosimetric results for these plans (SA plans) are clinically favorable over their EA counterparts. This indicates the necessity for optimizing the beam angles rather than using the equiangular beam configurations. At present, the arc techniques such as volumetric modulated arc therapy (VMAT) are widely becoming the preferred way of delivery over conventional methods such as sliding-window and step & shoot methods. Though BAO is not directly applicable in arc techniques, there is a clinical need to avoid certain angles - called as partial arc or split arc [35–37], for which one can apply BAO to find out the avoidance arc portions.

Recently there is a growing interest for optimizing beam angles in particle therapies, especially in proton therapy [38,39]. In general, the proposed approach can be applicable to proton therapy as well. However, a major challenge would be the impact of interplay effect. In proton therapy, a better approach would be to ask the clinical user to choose roughly suitable beam angles. Subsequently, more candidate beams can be added around those user-selected angles. Finally, by using the BAO algorithm, we can fine-tune the angles. This approach would eliminate the need for having several candidate beams in the initial optimization and thereby reduce the impact of interplay effect along with increased computational efficiency.

Though the proposed algorithm has been tested in coplanar geometry, in theory, it is applicable in non-coplanar geometry as well. However, the inclusion of non-coplanar geometry will significantly increase the number of candidate beams and in turn increase the interplay effect [40]. In such situations, the biased sampling approach suggested for proton therapy could be applied to minimize the interplay

effect to some extent.

Since BAO is a non-convex optimization problem, it is highly difficult to arrive at a global optimum solution in a clinically relevant time-frame. The algorithm presented in this work is only aimed at providing an intuitive first guess to the clinical users in a short time so that the amount of manual effort and time involved in fine-tuning the plan quality can be potentially reduced.

The dose grid resolution used in the study was 0.3 cm in X, Y and Z directions. We have investigated whether reducing or increasing dose grid resolution has any impact on the final results. We have varied the resolution from 0.2 cm to 0.5 cm in a step of 0.1 cm in the initial optimization for head and neck case. Subsequently we have selected the final beam angles corresponding to each dose grid resolution and found that the dose grid resolution does not affect the final beam angles selected from the process. The time taken for completing the initial optimization for dose grid resolution of 0.2 cm, 0.3 cm, 0.4 cm and 0.5 cm were 20 min, 14 min, 13 min and 13 min respectively. The results indicate that a courser dose grid setting is sufficient to produce an optimal solution from the perspective of plan quality as well as computational efficiency.

We have used Pinnacle’s Auto Plan tool in the study to avoid the need for manual tweaking of objective function parameters when optimizing the treatment plans. This has also reduced the amount of time spent per plan. Moreover, recent studies indicate that it is possible to produce high quality plans with Auto Plan that are comparable to the plans generated by experienced planners [41,42]. In addition, PlanIQ helps personalize the clinical objectives in a case-specific way instead of relying on the standard protocols. Our experience from this study is that the PlanIQ goals help personalize the beam angles to each patient in a much more efficient way when coupled with a suitable BAO module such as the one presented in this paper.

Table 3
Comparison of the dosimetric results obtained for EA and SA plans for the clinical cases used in the study.

Case	OAR	EA Plan (Dose in Gy)	SA Plan (Dose in Gy)	% of reduction in dose	
Head & Neck	Spinal cord	D _{max} (1 cc) = 40.2	D _{max} (1 cc) = 36.7	8.7	
	Brainstem	D _{max} (1 cc) = 52.2	D _{max} (1 cc) = 52.0	0.0	
	Lips	D _{mean} = 22.0	D _{mean} = 17.7	19.5	
	Rest Right Parotid	D _{mean} = 28.7	D _{mean} = 28.3	0.0	
	Rest Left Parotid	D _{mean} = 45.5	D _{mean} = 44.7	0.0	
	Larynx	D _{mean} = 36.6	D _{mean} = 35.9	0.0	
	Lung	Rest Right Lung	D _{20%} = 35.6 D _{30%} = 30.2 D _{40%} = 25.6 D _{50%} = 21.9 D _{mean} = 21.5	D _{20%} = 32.8 D _{30%} = 26.2 D _{40%} = 21.6 D _{50%} = 17.8 D _{mean} = 19.0	7.8 12.7 15.7 18.4 11.6
Rest Left Lung		D _{20%} = 27.9 D _{30%} = 25.1 D _{40%} = 18.5	D _{20%} = 26.7 D _{30%} = 23.3 D _{40%} = 17.8	4.3 7.1 3.7	
Rest Total Lung		D _{20%} = 35.6 D _{30%} = 28.8 D _{40%} = 24.7 D _{50%} = 21.6 D _{mean} = 21.7	D _{20%} = 33.3 D _{30%} = 26.1 D _{40%} = 22.4 D _{50%} = 18.9 D _{mean} = 20.1	7.3 9.2 9.2 12.0 7.3	
Heart		D _{mean} = 16.4	D _{mean} = 16.2	0.0	
Spinal cord		D _{max} (1 cc) = 22.5	D _{max} (1 cc) = 22.9	0.0	
Esophagus		D _{mean} = 19.6	D _{mean} = 19.5	0.0	
Abdomen		Left Kidney	D _{mean} = 14.2	D _{mean} = 7.0	50.7
		Right Kidney	D _{mean} = 14.0	D _{mean} = 12.2	12.8
		Stomach	D _{mean} = 9.1	D _{mean} = 8.1	10.0
		Spleen	D _{mean} = 4.5	D _{mean} = 3.1	31.1
		Bowel	D _{mean} = 8.8	D _{mean} = 8.7	0.2
		Liver	D _{mean} = 11.0	D _{mean} = 11.4	0.0
Prostate		Rest-Rectum	D _{5%} = 53.4 D _{10%} = 52.3 D _{15%} = 48.9 D _{20%} = 45.8 D _{25%} = 42.9 D _{30%} = 40.4 D _{mean} = 32.1 D _{max} = 58.7	D _{5%} = 49.0 D _{10%} = 46.0 D _{15%} = 45.0 D _{20%} = 42.6 D _{25%} = 40.4 D _{30%} = 37.9 D _{mean} = 30.7 D _{max} = 56.5	8.2 11.5 8.0 7.0 5.8 6.0 4.0 3.7
		Rest-Bladder	D _{5%} = 49.2 D _{10%} = 44.6 D _{15%} = 40.7 D _{mean} = 29.1 D _{max} = 57.8	D _{5%} = 44.4 D _{10%} = 41.1 D _{15%} = 38.6 D _{mean} = 29.0 D _{max} = 53.1	9.7 8.0 5.0 0.0 8.0
		Left Femur	D _{max} = 39.3 D _{mean} = 17.8	D _{max} = 28.0 D _{mean} = 17.8	28.0 0.0
	Right Femur	D _{max} = 38.1 D _{mean} = 19.1	D _{max} = 26.9 D _{mean} = 17.6	29.0 7.6	

Essentially, the optimal beam angles obtained from the proposed method is impacted by the number of beams used in the plan (7 beams or 9 beams in the cases used in the study). Hence the number of beams is an important input for the proposed algorithm. There is a method available to automatically decide the optimal number of beams in IMRT [43], which could be used along with the BAO algorithm. Alternatively, ψ – score itself can be used to determine the number of beams. For instance, we can decide the number of beams from the ψ – score plot by setting a threshold for the ψ – score. On the other hand, it has been indicated that the number of beams required to produce a high quality plan can be reduced when optimizing the gantry angles [44]. It will be interesting to see how the proposed approach helps reducing the total number of beams. One more limitation of the proposed algorithm is that the ψ – score can be impacted by the choice of number of segments used

in the DMPO optimization. Specifying an optimal number of segments as input to the DMPO optimization is important. Recently a method was proposed to optimize the number of segments in DMPO [45]. It would be interesting to study the effect of optimizing the number of beams and segments in the context of beam angle optimization.

5. Conclusion

We have introduced a novel metric called ψ – score, which can be used to rank the beams in the order of their optimality. The results obtained in different anatomic sites demonstrate the validity of our approach for clinical use. Moreover the computation time to get optimal beam angles is in the range of a few minutes, which is reasonable from the clinical viewpoint. The seamless integration of the modules optimizing the number of beams and segments with the proposed BAO module for the complete automation of the beam placement process in IMRT will be the scope for our next research study.

References

- [1] Rocha H, Dias JM, Ventura T, Ferreira BC, Lopes MDC. A global score-driven beam angle optimization in IMRT. *Lect Notes Comput Sci (Including Subser Lect Notes Artif Intell Lect Notes Bioinformatics)* 2017;10406.
- [2] Shukla A, Kumar S, Sandhu I, Oinam A, Singh R, Kapoor R. Dosimetric study of beam angle optimization in intensity-modulated radiation therapy planning. *J Cancer Res Ther* 2016;12:1045.
- [3] Dias J, Rocha H, Ferreira B, Lopes M do C. Simulated annealing applied to IMRT beam angle optimization: a computational study. *Phys Med* 2015;31:747–56.
- [4] Kim SH, Kang MK, Yea JW, Kim SK, Choi JH, Oh SA. The impact of beam angle configuration of intensity-modulated radiotherapy in the hepatocellular carcinoma. *Radiat Oncol J* 2012;30:146–51.
- [5] Bertsimas D, Cacchiani V, Craft D, Nohadani O. A hybrid approach to beam angle optimization in intensity-modulated radiation therapy. *Comput Oper Res* 2013;40:2187–97.
- [6] Yan H, Dai JR. Intelligence-guided beam angle optimization in treatment planning of intensity-modulated radiation therapy. *Phys Med* 2016;32:1292–301.
- [7] Srivastava SP, Das LJ, Kumar A, Johnstone PAS. Dosimetric comparison of manual and beam angle optimization of gantry angles in IMRT. *Med Dosim* 2011;36:313–6.
- [8] Schreiber E, Xing L. Dose-volume based ranking of incident beam direction and its utility in facilitating IMRT beam placement. *Int J Radiat Oncol Biol Phys* 2005;63:584–93.
- [9] Schreiber E, Xing L. Feasibility study of beam orientation class-solutions for prostate IMRT. *Med Phys* 2004;31:2863–70.
- [10] Rowbottom CG, Webb S, Oldham M. Improvements in prostate radiotherapy from the customization of beam directions. *Med Phys* 1998;25:1171–9.
- [11] Wang X, Zhang X, Dong L, Liu H, Wu Q, Mohan R. Development of methods for beam angle optimization for IMRT using an accelerated exhaustive search strategy. *Int J Radiat Oncol Biol Phys* 2004;60:1325–37.
- [12] Wu Q, Ling CC, Stein J, Preiser K, Schlegel W, Wang XH, et al. Number and orientations of beams in intensity-modulated radiation treatments. *Med Phys* 1997;24:149–60.
- [13] Pugachev A, Xing L. Incorporating prior knowledge into beam orientation optimization in IMRT. *Int J Radiat Oncol Biol Phys* 2002;54:1565–74.
- [14] Gaede S, Wong E, Rasmussen H. An algorithm for systematic selection of beam directions for IMRT. *Med Phys* 2004;31:376–88.
- [15] Nazareth D, Brunner S, Jones M, Malhotra H, Bakhtiar M. Optimization of beam angles for intensity modulated radiation therapy treatment planning using genetic algorithm on a distributed computing platform. *J Med Phys* 2009;34:129.
- [16] Djajaputra D, Wu Q, Wu Y, Mohan R. Algorithm and performance of a clinical IMRT beam-angle optimization system arXiv : physics/0312097 v1.16 Dec 2003 n.d. ;3191.
- [17] Cabrera-Guerrero G, Mason AJ, Raith A, Ehrgott M. Pareto local search algorithms for the multi-objective beam angle optimisation problem. *J Heuristics* 2018;24:205–38.
- [18] Cabrera-Guerrero G, Rodriguez N, Lagos C, Cabrera E, Johnson F. Local search algorithms for the beam angles' selection problem in radiotherapy. *Math Probl Eng* 2018;2018:23701–10.
- [19] Pugachev A, Xing L. Computer-assisted selection of coplanar beam orientations in intensity-modulated radiation therapy. *Phys Med Biol* 2001;46:2467–76.
- [20] Pugachev AB, Boyer AL, Xing L. Beam orientation optimization in intensity-modulated radiation treatment planning. *Med Phys* 2000;27:1238–45.
- [21] Li Y, Yao D, Yao J, Chen W. A particle swarm optimization algorithm for beam angle selection in intensity-modulated radiotherapy planning. *Phys Med Biol* 2005;50:3491–514.
- [22] Hou Q, Wang J, Chen Y, Galvin JM. Beam orientation optimization for IMRT by a hybrid method of the genetic algorithm and the simulated dynamics. *Med Phys* 2003;30:2360–7.
- [23] Lei J, Li Y. An approaching genetic algorithm for automatic beam angle selection in IMRT planning. *Comput Methods Programs Biomed* 2009;93:257–65.
- [24] Li, Yong-Jie. Prior Knowledge Helps Improve Beam Angle Optimization Efficiency

- in Radiotherapy Planning n.d. IEEE; 2018.
- [25] Vaitheeswaran R, Sathiya Narayanan VK, Bhangle JR, Nirhali A, Kumar N, Basu S, et al. An algorithm for fast beam angle selection in intensity modulated radiotherapy. *Med Phys* 2010;37:6443–52.
- [26] Popple RA, Brezovich IA, Fiveash JB. Beam geometry selection using sequential beam addition. *Med Phys* 2014;41.
- [27] Ranganathan V, Kumar P, Gipson JOE. U.S. Patent Application No. 15/571,294; 2018.
- [28] Hårdemark B, Liander A, Reh binder H, Löf J. Direct machine parameter Optimisation with Ray RayMachine® in Pinnacle3®. RaySearch White Paper. Stockholm, Sweden: RaySearch Laboratories AB; 2003.
- [29] Carlsson F. Combining segment generation with direct step-and-shoot optimization in intensity-modulated radiation therapy. *Med Phys* 2008;35:3828–38.
- [30] Kumar P, Bzdusek KA, Ranganathan V, Palmer M, Kantor M. U.S. Patent No. 9,943,702. Washington, DC: U.S. Patent and Trademark Office; 2018.
- [31] Jeong Kyoungkeun, Bzdusek Karl, Kumar P, Tome Wolfgang. Evaluation of novel IMRT auto-planning tool for nasopharyngeal carcinoma cases. *Med Phys* 2013;40:355.
- [32] Dawn G, Kujtim L, Jimmy C, Benjamin N, Geoffrey Z, Eduardo M, et al. Initial evaluation of automated treatment planning software. *J Appl Clin Med Phys* 2016;17:331–46.
- [33] Ahmed S, Nelms B, Gintz D, Caudell J, Zhang G, Moros EG, et al. A method for a priori estimation of best feasible DVH for organs-at-risk: Validation for head and neck VMAT planning. *Med Phys* 2017;44:5486–97.
- [34] Fried DV, Chera BS, Das SK. Assessment of PlanIQ Feasibility DVH for head and neck treatment planning. *J Appl Clin Med Phys* 2017;18:245–50.
- [35] Wala J, Salari E, Chen W, Craft D. Optimal partial-arcs in VMAT treatment planning n.d.; 5861. *Phys Med Biol.* 57(18);2012:5861-74.
- [36] Miura H, Ozawa S, Nagata Y. Efficacy of robust optimization plan with partial - arc VMAT for photon volumetric – modulated arc therapy: a phantom study 2019;18:97–103. *J Appl Clin Med Phys* 2017;18(5):97–103.
- [37] Hwa Y, Ozawa S, Miura H, Yogo K, Nakashima T, Miki K, et al. Split-VMAT technique to control the expiratory breath-hold time in liver stereotactic body radiation therapy. *Phys Medica* 2017;40:17–23.
- [38] Cao W, Lim GJ, Lee A, Li Y, Liu W, Zhu XR, et al. Uncertainty incorporated beam angle optimization for IMPT treatment planning Uncertainty incorporated beam angle optimization for IMPT 2012;5248. *Med Phys* 2012;39:5248–56.
- [39] Gu W, Connor DO, Yu VY, Ruan D. Integrated beam orientation and scanning-spot optimization in intensity- modulated proton therapy for brain and unilateral head and neck tumors n.d. *Med Phys* 2018;45:1338–50.
- [40] Rocha H, Dias JM. Noncoplanar beam angle optimization in IMRT treatment planning using pattern search methods Noncoplanar beam angle optimization in IMRT 2015. *J. Phys.: Conf. Ser.* 616 012014.
- [41] Hazell I, Bzdusek K, Kumar P, Hansen CR, Bertelsen A, Eriksen JG, et al. Automatic planning of head and neck treatment plans. *J Appl Clin Med Phys* 2016;17:272–82.
- [42] Hansen CR, Bertelsen A, Hazell I, Zukauskaitė R, Gyldenkerne N, Johansen J, et al. Automatic treatment planning improves the clinical quality of head and neck cancer treatment plans. *Clin Transl Radiat Oncol* 2016;1:2–8.
- [43] Ranganathan V, Das KJM. Determination of optimal number of beams in direct machine parameter optimization-based intensity modulated radiotherapy for head and neck cases. *J Med Phys* 2016;41:129–34.
- [44] Sathiya Narayanan VK, Vaitheeswaran R, Bhangle JR, Basu S, Maiya V, Zade B. An experimental investigation on the effect of beam angle optimization on the reduction of beam numbers in IMRT of head and neck tumors. *J Appl Clin Med Phys* 2012;13:36–43.
- [45] Ranganathan V, Maria Das KJ. An empirical method for automatic determination of maximum number of segments in DMPO-based IMRT for Head and Neck cases. *Reports Pract Oncol Radiother* 2016;21:571–8.